Quarterly Outlook

At-A-Glance

The Fed cut interest rates by 0.5% in September, front-loading its interest rate cuts for this year as they attempt to balance risks in the labor market with inflation seemingly under control.

The Fed's recent economic projections for year-end 2024 show real GDP growth at 2%, the unemployment rate at 4.4%, PCE inflation at 2.1% and the Fed funds rate at 4.4%.

Stocks have had a good year with large cap indexes up nearly 20% as of this writing. Large-cap stocks have outperformed small caps.

Bonds have been doing well, with the aggregate bond market up around 5.25% year-to-date, but more impressively, up nearly 15% since the 10-year Treasury Yield hit 4.99% in October 2023.

Election returns: Going back to 1948, in the 60 days before an election, the S&P 500 averaged -0.6%. From election day to inauguration day, the S&P 500 averaged 1.5%. Both were skewed heavily by the 2008 financial crisis, reminding us that there are larger economic forces at play than the presidential election.

With economic growth and the labor market slowing, there are risks in the markets. If companies miss earnings growth projections, stock prices will likely fall. However, the downside may be limited due to cash on the sidelines and Fed rate cuts acting as a stimulus for the economy.

Can Rate Cuts Stem the Labor Markets' Slowdown?

The third quarter officially marked the beginning of a new Federal Reserve (Fed) interest rate cycle. The Fed began raising rates in March 2022 to combat rising inflation. After pausing the rate hikes for more than a year, the Fed finally cut rates, signaling the start of a new cycle. This is important for a couple reasons.

First, investors no longer fear the Fed raising rates but can rely on the Fed to cut rates if economic data comes in weaker than expected. Lower rates act as a catalyst for the economy, because they make borrowing costs cheaper, so consumers and corporations can finance spending at a more affordable rate. For instance, if you're in the market for a car, auto loans will become more affordable. Mortgage rates will also decline, though not to the same extent, as they are more closely tied to longer-term rates.

Second, the Fed is signaling they are more concerned about the labor market than inflation. We will be monitoring the labor market very closely in the fourth quarter. This is important because America is a consumer-driven economy, and consumers don't spend as much money if they fear losing their job or they have lost their job. The labor market is indeed weakening, and rate cuts may be too late to stop the damage. This is a potential risk to markets.

Additionally, with the election in early November, there could be added volatility, which is already at a heightened risk due to high equity valuations. If corporate earnings growth misses their high expectations due to a softening economy, we would expect a market pullback. However, a pullback may be limited because there are a lot of investors in cash and money market accounts which will soon see their interest rates drop. As a result, they may look to enter the bond market or even the stock market if valuations become more attractive.

The bond market continues to offer decent yields. If bond prices fall, the yield could offset some of this price loss. Moreover, a weaker economy may support bond prices as investors turn to bonds when facing economic uncertainty.

It's possible the Fed could engineer a soft landing and avoid a recession by lowering rates. We will be following market risks closely in the fourth quarter. Though election year distractions may arise, staying focused on your own financial goals will help remove emotion from investing. Your Cetera financial professional can help keep you focused on your personal goals and objectives.

For a more detailed look into what we are thinking and what is happening in the economy and markets, check out our 2024 Fourth Quarter Outlook.



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A diversified portfolio does not assure a profit or protect against loss in a declining market.



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The Bloomberg US Aggregate Bond Index is a broad based flagship benchmark that measures the investment grade, US dollar-denominated, fixed-rate taxable bond market. Eligible bonds must have at least one year until final maturity, but the index holdings have a fluctuating average life or around 8.25 years. This total return index is unhedged and rebalances monthly.

The ICE BofA US High Yield Index tracks the performance of US dollar denominated below investment grade rated corporate debt publicly issued in the U.S. domestic market. Securities must have a below investment grade rating (average of Moody's, S&P, and Fitch) and an investment grade rated country of risk (average of Moody's, S&P, and Fitch foreign currency long term sovereign debt ratings). Each security must have greater than 1 year of remaining maturity, a fixed coupon schedule, and a minimum amount outstanding of \$100 million.

